

THE TERRACE AT NEWARK

WEEK 2

SUNDAY	MONDAY	TUESDAY	WED	THURSDAY	FRI	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
CHEESY HAM SCRAMBLE BUTTERED TOAST JUICY CUT MELON JUICE	FLUFFY BUTTERMILK PANCAKES CRISP BACON JUICE BANANA	HOT OR COLD CEREAL - FLAKY BREAKFAST PASTRY BUTTERED TOAST	FLUFFY SCRAMBLED EGGS TASTY SAUSAGE PATTY ORANGE SLICES JUICE	TASTY FRENCH TOAST CRISPY BACON JUICY PEACHES JUICE	FRIED EGG FRIDAY SIZZLING GRILLED HAM BUTTERED TOAST JUICY PEARS JUICE	GOLDEN WAFFLES SIZZLING SAUSAGE LINKS FRESH FRUIT JUICE -
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
HEARTY BEEF STEW OVER WARM FLAKY BISCUITS SWEET CORN YUMMY BANANA CREAM PIE	ROASTED CHICKEN SAVORY STUFFING RICH CHICKEN GRAVY - FRESH ZUCCHINI HOMEMADE CHERRY COBBLER	SALISBURY STEAK W/MUSHROOM GRAVY SEASONED GREEN BEANS BUTTERED NOODLES WARM WHEAT ROLL FRESH BAKED SUGAR COOKIE	CREAMY MACARONI & CHEESE STEWED TOMATOES WARM DINNER ROLL FRUIT MEDLEY	OPEN FACED HOT TURKEY FLUFFY MASHED POTATOES WARM CINNAMON APPLE SAUCE	3-CHEESE LASANGA W/ ITALIAN SAUSAGE STEAMED BROCCOLI WARM BREAD STICKS - 1 CREAMY VANILLA PUDDING	BREADED CHICKEN SANDWICH ON HARD ROLL HOMEMADE CUP OF HOT SOUP MIXED SWEET BERRIES
TUNA SALAD ON BREAD POTATO CHIPS PICKLES CHILLED PEACHES	ROAST BEEF/PROVOLONE SLIDER SOUTHWEST RICE SALAD MIXED FRUIT	SMOKED KEILBASA FRESH CABBAGE SWEET PEAS CHILLED JELLO	TRADITIONAL SLOPPY JOE ON ROLL CRISP TATER TOTS WHEAT ROLL HEAVENLY CREAM PUFF	STUFFED PEPPERS CARROTS POUND CAKE	PERFECTLY BROILED LEMON-PEPPER FISH CREAMY COLESLAW GARDEN RICE ROLL CHEWY CHOCOLATE CHIP COOKIE	HOMEMADE PEPPERONI PIZZA CRISP SIDE SALAD CREAMY MINT CREAM PIE

FALL/WINTER 2020/2021

DRINKS BELOW ARE OFFERED AT ALL MEALS
Milk, ice water, coffee, tea, and juice.

OATMEAL, TOAST, COLD CEREAL, AVAILABLE DAILY

SUBSTITUTION LIST: PLEASE REQUEST ALTERNATIVES 2 HOURS PRIOR TO MEAL - Grilled cheese, sliced ham or turkey sandwich, chicken or turkey salad sandwich, mashed potatoes, tossed salad, cottage cheese, fruit cup and chicken tenders.

TOSSED SALAD CONSISTS OF: lettuce, tomato, cucumber, onion, green peppers, mushrooms, and carrots.

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