

WEEK 1

SUNDAY	MONDAY	TUESDAY	WED	THURSDAY	FRI	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
CHEESY HAM SCRAMBLE - BUTTERED TOAST JUICY CUT MELON JUICE	FLUFFY BUTTERMILK PANCAKES CRISP BACON STRIPS JUICE - BANANA	HOT OR COLD CEREAL FLAKY BREAKFAST PASTRY FRUIT COCKTAIL	FLUFFY SCRAMBLED EGGS TASTY SAUSAGE PATTY ORANGE SLICES JUICE	TASTY FRENCH TOAST CRISPY BACON JUICY PEACHES JUICE	FRIED EGG FRIDAY SIZZLING GRILLED HAM BUTTERED TOAST RIPE JUICY PEARS JUICE -	GOLDEN WAFFLES SIZZLING SAUSAGE LINKS FRESH FRUIT JUICE
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
TENDER POT ROAST WITH BABY CARROTS AND POTATOES JUICY APPLE PIE/SF	HOMEMADE MEATLOAF CHEESY BROCCOLI BAKE WHEAT ROLL CHOCOLATE FROSTED PEANUT BUTTER BAR	SAVORY PORK LOIN W/ROASTED APPLES - FLAVORFUL SQUASH - WHEAT ROLL POUND CAKE W/RASPBERRY SAUCE	HOMEMADE ITALIAN SPAGHETTI & MEATBALLS - WARM ITALIAN BREAD CHEF SIDE SALAD MOIST BLACK FOREST CUPCAKES	HOMESTYLE CHICKEN & BISCUITS SEASONED POTATOES BABY PEAS CREAMY VANILLA PUDDING	POTATO ENCRUSTED TILIPIA WARM CINNAMON APPLE SAUCE FLUFFY RICE PILAF TANGY LEMON COOKIE CUP	JUICY CHEESEBURGER DELUXE ROLL CRISPY FRENCH FRIES CREAMY ICE CREAM SUNDAE
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
HOMESTYLE CHICKEN MARSALA BUTTERED NOODLES STEMED ASPARAGUS DELICIOUS OATMEAL RAISIN COOKIES	RYE BREAD TUNA MELT SWEET POTATO FRENCH FRIES GREEN BEANS CHILLED PEARS	SPICED CHILI MAC SWEET CORN WARM DINNER ROLL - FRUITED JELLO	HOT TOASTED HAM & CHEESE HEART HEALTHY VEGETABLE SOUP - DELIGHTFUL ANGEL FOOD CAKE W/FRUIT TOPPING	GRILLED HOTDOG W/PEPPERS & ONIONS ROLL HOMEMADE MACARONI SALAD SWEET PINEAPPLE CHUNKS	CREAMY EGG SALAD BREAD LOADED BAKED POTATO SOUP FRUIT COCKTAIL	TASTY CHICKEN SALAD ON WHITE BREAD WITH LETTUCE & TOMATO CRISPY POTATO CHIPS FRUIT CUP

FALL/WINTER 2020/2021

DRINKS BELOW ARE OFFERED AT ALL MEALS

Milk, ice water, coffee, tea, and juice.

OATMEAL, TOAST, COLD CEREAL, AVAILABLE DAILY

SUBSTITUTION LIST: PLEASE REQUEST ALTERNATIVES 2 HOURS PRIOR TO MEAL - Grilled cheese, sliced ham or turkey sandwich, chicken or turkey salad sandwich, mashed potatoes, tossed salad, cottage cheese, fruit cup and chicken tenders.

TOSSED SALAD CONSISTS OF: lettuce, tomato, cucumber, onion, green peppers, mushrooms, and carrots.