

# A VERY MERRY CHRISTMAS and Happy New Year!

## DECEMBER NEWSLETTER

### NOVEMBER RECAP

November has been a busy month here. It has been a beautiful month with above average temperatures. It was almost like we erased one month of weather. Many of our residents took advantage of it and ventured outside to enjoy those warm late fall days.

We enjoyed baking those great fall desserts in November. Our residents also enjoyed a beautifully prepared Thanksgiving dinner with a lot of trimmings.

We also kept busy with bingo, daily exercise, prayer group, movies, word games, board games, Yahtzee, cards, ice cream socials, happy hours, scenic rides, crafting, and much more. There is always something going on!

November is the thankful month. Despite everything going on this year, we do have plenty to be thankful for. This will be the last newsletter I will be writing for the Terrace. I am retiring as of November 20<sup>th</sup>. I am thankful that The Terrace has remained a safe place to come to everyday. I am grateful to the staff work who here, administration, and owners who have extended themselves for the safety and wellness of all. I am blessed by the many friendships I have made here. Thank you for allowing me the privilege for being a part of your lives. I know my replacement Hannah Croft will do an excellent job. She is so happy to be here.

Warmest Wishes.  
Gigi

### DECEMBER LOOK AHEAD

My name is Hannah, and I would like to take this opportunity to introduce myself. I will be the new Activities Coordinator and I look forward to getting to know each and everyone of you.

I grew up here in Newark and just bought a house after spending 4 years away attending Niagara University. I realized just how much I missed it here. I love this town and all it has to offer.

We have plenty to look forward to in the month of December. It will be a month of celebration and enjoying time together safely. We plan to decorate, take several scenic rides to enjoy the Christmas lights, and we will be doing a lot of holiday baking. We will also enjoy our regular activities such as baking, bingo, Yahtzee, exercise, crafts, ice cream socials, and Happy Hour.

I want to wish you all a very Merry Christmas and look forward to getting to know everyone.

Hannah

### THAT WAS THE YEAR "1962"

#### NATIONAL AND WORLD NEWS

The U.S. Navy Seals were established.

The polio vaccine was given to millions of children.

Johnny Carson began as host for the Tonight Show.

The first Wal-mart was opened in Bentonville, AR

#### MUSIC

Big Girls Don't Cry (The Four Seasons)

Johnny Angel (Shelly Fabares)

Good Luck Charm (Elvis Presley)

The Loco-motion (Little Eva)

## COST OF LIVING

New House -----	\$12,550
Average Income -----	4,291
New Car -----	2,924
Average Rent -----	110.00
Stamp -----	.04

## COST OF FOOD

Milk -----	\$1.04/gal
Ground Coffee -----	.85/lb.
Fresh Bread -----	.21/loaf
Sugar -----	.89 for 10 lbs
Eggs-----	.32/doz.
Ground Beef -----	.40

## POPULAR MOVIES

Lawrence of Arabia (Academy Award Winner)  
To Kill a Mockingbird  
Dr. No  
Cape Fear  
Spartacus

## DAYS TO CELEBRATE



12/04 Nat'l Cookie Day  
12/05 Birth Anniv of Walt Disney  
12/06 St. Nicholas Day  
12/07 Nat'l Pearl Harbor Remembrance Day  
12/08 Feast of the Immaculate Conception  
12/20 Nat'l Caroling Day  
12/21 Winter Begins  
12/24 Christmas Eve  
12/25 Christmas Day

12/28 75<sup>th</sup> anniv. Of the recognition of "The Pledge of Allegiance".

12/29 Full Moon

12/31 New Year's Eve

# HAPPY BIRTHDAY

12/07 Maude F.

12/23 Valerie C.

12/31 Evelyn S.

And may you have many more!

## CHRISTMAS TRIVIA

**Who tries to stop Christmas from coming by stealing all of the things of Christmas from the Who's?**

**Who was the star of the movie titled White Christmas"**

**What is Scrooge's first name?**

**How many ghost are there in "A Christmas Carol"?**

**Why do the other reindeer pick on Rudolph?**

**Who played George Bailey on "It's a Wonderful Life?"**

Stollen is the traditional fruitcake of which country?

What is a female turkey called?

What is the skin called that hangs on a turkey's neck?

Which beverage is known as milk punch?

How do you say Merry Christmas in Spanish?

## RECIPE OF THE MONTH

### PEPPERMINT HOT CHOCOLATE

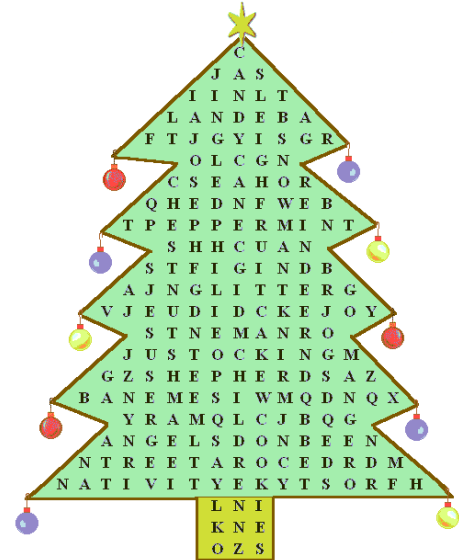
#### INGREDIENTS

- 5 1/2 C. OF 2% MILK
- 1/3 C. OF HEAVY WHIPPING CREAM
- 4 TSP. CRUSHED PEPPERMINT CANDY
- 12 OZ. WHITE BAKING CHOC. CHOPPED
- 3/4 TSP. PEPPERMINT EXTRACT
- MINATURE MARSHMALLOWS

IN A LARGE SAUCEPAN, HEAT MILK OVER MEDIUM HEAT UNTIL IT BUBBLES FROM AROUND SIDES OF PAN. MEANWHILE IN A SMALL BOWL BEAT CREAM UNTIL STIFF PEAKS FORM. FOLD IN 1 TSP. CRUSHED CANDY.

WHISK CHOCOLATE INTO MILK UNTIL SMOOTH. REMOVE FROM HEAT, STIR IN EXTRACT. POUR INTO MUGS, TOP W/ WHIPPED CREAM. SPRINKLE W/REMAINING CANDY AND IF DESIRED MARSHMALLOWS. SERVE IMMEDIATELY.

### Christmas Search



- |            |           |            |          |
|------------|-----------|------------|----------|
| Angels     | Fruitcake | Nativity   | Snowman  |
| Candy cane | Gifts     | Noel       | Star     |
| Chestnuts  | Glitter   | Ornaments  | Stocking |
| Children   | Jesus     | Peppermint | Tree     |
| Cookies    | Jingle    | Reindeer   | Wisemen  |
| December   | Joseph    | Shepherds  |          |
| Decorate   | Manger    | Sleigh     |          |
| Frosty     | Mary      | Snow       |          |

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