



I hope you are enjoying your fall!

-Gigi-

## NOVEMBER LOOK AHEAD

I can't believe it is Thanksgiving already. It has been a really challenging time for all of us. However, it is with a grateful heart that I am truly thankful for my blessings. We are all healthy and all safe. I am grateful for the wonderful care and concern that has been shown to all of us during this difficult time. I am grateful for the devotion of families as well as the bonds of friendship. We are facing some great challenges, but I see us all in it for each other. We are blessed.

We will be doing all kinds of fall activities during November. Some traditional and some brand new. Our baking group will be creating great fall desserts. There will be lots of pumpkin creations for sure.

We will be celebrating and honoring our Veterans with a socially distanced sing-a-long as well as a Veteran's Day appreciation walk. All of our residents will be able to show their gratitude to all of our veteran's from their doorways as our veteran's walk the neighborhoods.

On Thanksgiving Day the residents can still enjoy the Macy's Thanksgiving Day Parade, enjoy a great Thanksgiving feast and have a heart felt fireside chat about Thanksgivings from long ago.

We will be having our first create a turkey contest during November. Supplies will be made available for staff and residents to create some spectacular turkeys.

In addition to all of that, the residents will enjoy daily exercise, Yahtzee, bingo, book club, cards, Sunday hymns, ice cream social, and Friday Happy Hours.

Happy Thanksgiving to all of You.

-Gigi-



# NOVEMBER NEWSLETTER

## OCTOBER RECAP

October certainly flew by! It has been a beautiful Fall season. Many of our residents have taken advantage of this and enjoyed several of the trips offered to Naples and the surrounding area. I think the fall foliage is especially vivid this year, It was really good to be able to get out and enjoy the scenery.

We have also kept busy baking, arts and crafts, bingo, knitting group, exercise, ice cream socials, and more.

During October we had a great time at Mystery Dinner. Four residents at a time enjoyed a socially distant lunch in the private dining room. They did not know who they would be dining with prior to lunch. Good fun and interesting conversation.

We also had a great Halloween party on October 30<sup>th</sup>. Staff and residents got dressed up and had a great time playing games, and other activities safely throughout The Terrace.

**THAT WAS THE YEAR "1961"**

**NATIONAL AND WORLD NEWS**

In May of 1961 the US launched its first man in space Alan Shepard on the Freedom 7.

The first Six Flags theme park opened in Arlington, Texas.

The Peace Corps was established.

President Kennedy advised American families to build bomb shelters.

**MUSIC**

Blue Moon (The Marcels)

Run Around Sue (Dion)

Surrender (Elvis Presley)

Hit The Road Jack (Ray Charles)

Travelin Man (Ricky Nelson)

**COST OF LIVING**

|                 |          |
|-----------------|----------|
| New House ----- | \$12,550 |
| New Car -----   | 2,849    |
| Gasoline-----   | .26/gal  |
| Stamp -----     | .04      |

**COST OF FOOD**

|                     |                |
|---------------------|----------------|
| Milk -----          | \$1.05/gal     |
| Ground Coffee ----- | .85/lb.        |
| Fresh Bread -----   | .21/loaf       |
| Sugar -----         | .89 for 10 lbs |
| Bacon-----          | .67/lb         |
| Ground Beef -----   | .40            |

**POPULAR MOVIES**

- West Side Story (Academy Award Winner)
- Breakfast at Tiffany's
- 101 Dalmations
- The Guns of Navarone

**DAYS TO CELEBRATE**

- 11/01 Check/Change your batteries day.
- 11/01 All Saints Day
- 11/03 Election Day
- 11/04 Peanut Butter Lovers Day
- 11/09 Anniv. Of the opening of The Berlin Wall
- 11/11 Veteran's Day
- 11/12 - 11/15 The Masters
- 11/19 The Great American Smokeout
- 11/22 - 11/28 Nat'l Game and Puzzle Week
- 11/26 Thanksgiving Day
- 11/29 Advent begins
- 11/30 Cyber Monday



A Very Happy Birthday To:

- 11/12 Ellen R.
- 11/25 Dale B.

And may you have many more!

**THANKSGIVING FUN FACTS**

The First Thanksgiving was celebrated in 1621 over a period of 3 days. Only 5 women, 50 Pilgrims, and 90 Wampandag Indians were present.

There was no turkey served at this meal. Venison, duck, goose, oysters, lobster, eel, and fish were served along with pumpkins and cranberries.

Abraham Lincoln proclaimed Thanksgiving a national holiday in October of 1863. This was only after a woman named Sarah Hale convinced Lincoln after 17 years of letter writing.

The average number of calories consumed on Thanksgiving is 4500.

Butterball answers more than 100,000 turkey questions on their hotline.

The 1<sup>st</sup> NFL game played on Thanksgiving was in 1920.

More than 54 million Americans are expected to travel over the Thanksgiving holiday.

## RECIPE OF THE MONTH

### GRANDMAS CORN PUDDING

#### INGREDIENTS

- 5 large eggs
- 1/3 c. butter melted
- ¼ c. white sugar
- ½ c. milk
- 4 tbsp cornstarch
- 1 (15.25 ounce) can of whole kernel corn
- 2 (14.75 ounce) cans of cream-style corn

#### DIRECTIONS

Preheat oven to 400 degrees. Grease a 2 quart casserole dish.

In a large bowl, lightly beat eggs. Add melted butter, sugar, and milk. Whisk in cornstarch. Stir in corn and creamed corn. Blend well. Pour mixture into prepared casserole dish.

Bake for 1 hour.

## Thanksgiving Word Scramble

mukipnp -----

lafi -----

vstaher -----

nrco -----

mialyf -----

hutnaflk -----

reaapd -----

estaf -----

etkyru -----

imglrpis -----



