

MENU - WEEK 5

SUNDAY	MONDAY	TUESDAY	WED	THURSDAY	FRI	SATURDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
CHEESY HAM SCRAMBLE - 4 OZ. GF BUTTERED TOAST - 2 SL. CUT SWEET MELON - 4 OZ. GF JUICE - 4 OZ. GF	FLUFFY PANCAKES - 2 CRISPY BACON - 2 SL. GF JUICE - 4 OZ. GF	ASSORTED DONUTS & DANISH - 1 OATMEAL - 4 OZ. GF JUICY BERRIES - 4 OZ. GF JUICE - 4 OZ. GF	FLUFFY SCRAMBLED EGGS - 2 GF SAUSAGE PATTY - 1 GF BUTTERED TOAST - 1 SL. ORANGE SLICES - 4 OZ. JUICE - 4 OZ. GF	FRENCH TOAST - 2 SL. CRISPY BACON - 2 SL. GF FRESH FRUIT - 4 OZ. GF JUICE - 4 OZ. GF	FRIED EGG FRIDAY - 2 GF GOLDEN HASH BROWNS - 4 OZ. GF BUTTERED TOAST - 2 SL. JUICE - 4 OZ. GF	WAFFLES - 2 BREAKFAST SAUSAGE - 2 GF JUICE - 4 OZ. GF FRESH FRUIT - 4 OZ. GF
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
ROAST TURKEY - 3 OZ. GF CORN BREAD STUFFING - 4 OZ. GRAVY - 2 OZ. BUTTERNUT SQUASH - 4 OZ. GF WHEAT ROLL - 1 JUICY APPLE PIE/SF - 1 SL	S LOADED TUFFED PEPPER - 6 OZ. GF VEG. MEDLEY - 4 OZ. GF WARM DINNER ROLL - 1 OLD FASHIONED RICE PUDDING/SF - 4 OZ. GF	OPEN FACED ROAST BEEF SANDWICH - 4 OZ. CRISPY FRENCH FRIES - 4 OZ. GF STEWED TOMATOES - 4 OZ. GF JUICY PEARS - 4 OZ. GF	BBQ CHEDDER BURGER - 4 OZ. GF ON ROLL - 1 SAUTEED ONIONS - 1 OZ. GF HEALTHY TOMATO/CUCUMBER SALAD - 4 OZ. GF CHEWY BROWNIE/SF - 1	FISH SANDWICH - 4 OZ. WILD RICE - 4 OZ. GF CREAMY COLESLAW - 4 OZ. GF PINEAPPLE LUSH - 4 OZ. GF	CHICKEN CEASAR SALAD - 6 OZ. GF WARM BREADSTICK - 1 LEMON COOKIE CUP - 1	SALISBURY STEAK GF W/MUSHROOM GRAVY - 4 OZ. BUTTERED MASHED POTATOES - 4 OZ. GF FRESH ZUCCHINI - 4 OZ. GF WHEAT ROLL - 1 ICE CREAM SANDWICHES/SF - 1 GF
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
SEAFOOD SALAD WRAP - 4 OZ. CHIPS - 2 OZ. GF PLUMP GRAPES - 4 OZ. GF	MARINATED GRILLED CHICKEN BREAST - 4 OZ. GF PASTA SALAD - 4 OZ. BUTTERED SWEET CORN - 4 OZ. GF FRESH FRUIT CUP - 4 OZ. GF	BAKED HAM SL. - 4 OZ. GF DUTCH LETTUCE - 5 OZ. GF GLAZED CARROTS - 4 OZ. GF HEAVENLY CREAM PUFF/SF - 1	EGG SALAD - 3 OZ. GF ON WHOLE WHEAT W/LETTUCE & TOMATO CHILLED BEETS - 4 OZ. GF SMOOTH BANANA PUDDING/SF - 4 OZ. GF	MEATY SLOPPY JOES - 4 OZ. GF ON WARM ROLL - 1 GERMAN POTATO SALAD - 4 OZ. GF TASTY OATMEAL COOKIE/SF - 1	FLAVORFUL MEATBALL SUB - 5 OZ. ARTICHOKE TOMATO SALAD - 4 OZ. GF CARROT CAKE/SF - 1 SL.	PEPPERONI, MUSHROOM PIZZA - 2 SL. TOSSED GREEN SALAD - 4 OZ. GF CHEWY CHOC. CHIP COOKIE/SF - 2

DRINKS BELOW ARE OFFERED AT ALL MEALS:

Milk, ice water, coffee, tea and juice.

SUBSTITUTION LIST: Grilled cheese, sliced ham or turkey sandwich, chicken or turkey salad sand., ham or egg salad sand., hotdog or hamburger, mashed potatoes, tossed salad, cottage cheese, fruit tcup, and chicken tenders

TOSSED SALAD CONSISTS OF LETTUCE TOMATO, CUCUMBER, ONION, GREEN PEPPERS, MUSHROOMS AND CARROTS. - 6 OZ.