

THE TERRACE AT NEWARK

SPRING/SUMMER 2020

MENU - WEEK 2

SUNDAY	MONDAY	TUESDAY	WED	THURSDAY	FRI	SATURDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
CHEESY HAM SCRAMBLE - 4 OZ. GF BUTTERED TOAST - 2 SL. JUICY CUT MELON - 4 OZ. GF JUICE - 4 OZ. GF	FLUFFY PANCAKES - 2 CRISPY BACON - 2 SL. GF JUICE - 4 OZ. GF FRESH FRUIT - 4 OZ. GF	ASSORTED DONUTS & DANISH - 1 HOT OATMEAL - 4 OZ. GF SWEET BERRIES - 4 OZ. GF JUICE - 4 OZ. GF	FLUFFY SCRAMBLED EGGS - 2 GF GRILLED SAUSAGE PATTY - 1 GF BUTTERED TOAST - 1 SL. ORANGE SLICES - 4 OZ. JUICE - 4 OZ. GF	TRADITIONAL FRENCH TOAST - 2 SL. CRISPY BACON - 2 SL. GF FRESH FRUIT - 4 OZ. GF JUICE - 4 OZ. GF	FRIED EGG FRIDAY - 2 GF GOLDEN HASH BROWNS - 4 OZ. GF BUTTERED TOAST - 2 SL. JUICE - 4 OZ. GF	TASTY WAFFLES - 2 GRILLED SAUSAGE - 2 GF JUICE - 4 OZ. GF FRUIT - 4 OZ. GF
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
BEEF STROGANOFF - 3 OZ. GF OVER FLUFFY EGG NOODLES - 4 OZ. BUTTERED CORN - 4 OZ. GF SWEET CHERRY PIE/SF - 1 SL	TURKEY RUBEN - 5 OZ. SWEET POT. FRENCH FRIES - 4 OZ. GF COLESLAW - 4 OZ. GF FRESH FRUIT CUP - 4 OZ. GF	SPAGHETTI & MEATBALLS - 6 OZ. GARLIC KNOT ROLL - 1 MARINATED ARTICHOKE SALAD - 4 OZ. GF DECADENT CHOC. CREAM PIE/SF - 1 SL	COOKOUT JUICY HAMBURGER - 3 OZ. GF W/LETTUCE, TOMATO, AND ONION - GF BUN - 1 PICKLES - GF HOMEMADE MACARONI SALAD - 4 OZ. FRESH WATERMELON SL. - GF	SALISBURY STEAK - GF W/FLAVORFUL MUSHROOM GRAVY - 4 OZ. SCALLOPED POTATOES - 4 OZ. FRESH ZUCCHINI - 4 OZ. GF WHEAT ROLL - 1 POUND CAKE - 4 OZ.	CHUNKY SEAFOOD SALAD - 4 OZ. GF BUTTERY CROISSANT - 1 CRISP POTATO CHIPS - 2 OZ. GF PICKLES - 2 OZ. GF PEACHES - 4 OZ. GF	GLAZED HAM STEAK - 3 OZ. GF LARGE BAKED POTATO - 1 GF MIXED VEG. MEDLEY - 4 OZ. GF HEAVENLY CREAM PUFF - 1
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
HEARTY SOUP - 4 OZ. TOSSED SALAD - 4 OZ. GF HARD BOILED EGGS - 2 GF WHEAT ROLL - 1 GOLDEN ANGEL FOOD CAKE - 1 SL. W/RASPBERRY DRIZZLE	BEER BATTERED HADDOCK - 4 OZ. SEASONED TATER TOTS - 4 OZ. DILLY CUCUMBER SALAD - 4 OZ. GF TASTY POUND CAKE/SF - 1 SL	GOLDEN GRILLED CHEESE SANDWICH - 4 OZ. ZESTY CREAM OF TOMATO SOUP - 4 OZ. GF FRUIT COCKTAIL - 4 OZ. GF SUGAR COOKIE/SF - 2	ROASTED CHICKEN LEG - 6 OZ. GF FLUFFY RICE PILAF - 4 OZ. GF FRESH ASPARAGUS - 4 OZ. GF INDULGENT STRAWBERRY PIE/SF - 1 SL.	COLD PLATE SLICED TURKEY - 2 OZ. GF FRESH FRUIT - 4 OZ. GF SLICED PROVOLONE CHEESE - 1 SL GF LETTUCE/TOMATO GF WARM DINNER ROLL - 1 SL. JELLO POKE CAKE/SF 1 SL.	BEEF & BROCCOLI STIR FRY - 6 OZ. GF OVER FLUFFY RICE - 4 OZ. SWEET APPLESAUCE - 4 OZ. GF SMOOTH BANANA PUDDING PARFAIT/SF - 4 OZ. GF	DELICIOUS PEPPERONI PIZZA - 2 SL. MEATY BONELESS WINGS - 4 OZ. GF TOSSED GREEN SALAD - 4 OZ. GF ICE CREAM SANDWICH/SF - 1

DRINKS BELOW ARE OFFERED AT ALL MEALS : Milk, coffee, ice water, tea, and juice.

SUBSTITUTION LIST: PLEASE REQUEST ALTERNATIVES 2 HRS - Grilled cheese, sliced ham or turkey sandwich, chicken or turkey salad sandwich, mashed potatoes, tossed salad, cottage cheese, fruit cup, and chicken tenders.

TOSSED SALAD CONSISTS OF LETTUCE – 6 OZ., TOMATO, CUCUMBER, ONION, GREEN PEPPERS, MUSHROOMS AND CARROTS.

Oatmeal, toast, cold cereal, available daily.