

THE TERRACE AT NEWARK

SUNDAY	MONDAY	TUESDAY	WED	THURSDAY	FRI	SATURDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
CHEESY HAM SCRAMBLE - 4 OZ. GF TOAST - 2 SL. JUICY CUT MELON - 4 OZ. GF JUICE - 4 OZ. GF	FLUFFY PANCAKES - 2 CRISP BACON - 2 SL. GF JUICE - 4 OZ GF FRESH FRUIT - 4 OZ. GF	ASSORTED DONUTS & DANISH - 1 CREAMY OATMEAL - 4 OZ. GF SWEET BERRIES - 4 OZ. GF JUICE - 4 OZ. GF	FLUFFY SCRAMBLED EGGS - 2 GF SAUSAGE PATTY - 1 GF TOAST - 1 SL. FRESH ORANGE SLICES - 4 OZ. JUICE - 4 OZ. GF	TASTY FRENCH TOAST - 2 SL. CRISPY BACON - 2 SL. GF FRESH FRUIT - 4 OZ. GF JUICE - 4 OZ. GF	FRIED EGG FRIDAY - 2 GF SEASONED HASH BROWNS - 4 OZ. GF BUTTERED TOAST - 2 SL. JUICE - 4 OZ. GF FRUIT - 4 OZ. GF	GOLDEN WAFFLES - 2 SIZZLING SAUSAGE - 2 GF JUICE - 4 OZ GF
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
FLAVORFUL CHICKEN CACCIATORE - 4 OZ. GF OVER FLUFFY EGG NOODLES - 4 OZ. JUICY PEACHES - 4 OZ. GF DELECTABLE BOSTON CREAM PIE/SF - 1 SL.	COOK-OUT BBQ HOT DOG - 2 OZ. GF BUN - 1 HOME STYLE FRIED POTATOES - 4 OZ. GF CLASSIC DEVILED EGG - 1 GF JUICY WATERMELON - 4 OZ. GF	EGG & OLIVE ON WHOLE WHEAT BREAD - 1 CREAMY BROCCOLI & CHEDDER SOUP - 4 OZ. CRISPY POTATO CHIPS - 2 OZ. GF HEAVENLY LEMON CUPCAKE/SF - 1	HEARTY CHICKEN & BISCUIT W/CARROTS & POTATOES - 6 OZ. JUICY PEACHES - 4 OZ. GF JUMBO PEANUT BUTTER COOKIES/SF - 2	OPEN FACED ROASTED HOT TURKEY SANDWICH W/GRAVY - 5 OZ. CRISP SPINICH SALAD - 4 OZ. GF SWEET CHERRY CRISP/SF - 4 OZ.	SLOW-COOKED MEATLOAF - 4 OZ. BUTTERY MASHED POTATOES - 4 OZ. GF FLAVORFUL CARROTS - 4 OZ. GF LUCIOUS BANANA CREAM PIE/SF - 1 SL.	HOMEMADE GOULASH - 6 OZ. CRISP GREEN BEANS - 4 OZ GF SOFT ITALIAN BREAD - 1 SL. FLUFFY LEMON MERINGUE PIE/SF - 1 SL.
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
HAND-CUT ROAST BEEF SUB W/ONION, LETTUCE, & TOMATO - 6 OZ. MARINATED TOM./CUCUMBER SALAD - 4 OZ. GF POTATO CHIPS - 2 OZ. GF WHEAT ROLL - 1 LAYERED VANILLA/BERRY PUDDING PARFAIT/SF - 4 OZ. GF	3 CHEESE GRILLED CHEESE ON SOUR DOUGH BREAD - 4 OZ. SIMMERED TOMATO SOUP - 4 OZ. GF SWEET PEARS - 4 OZ. GF	KIELBASA & CABBAGE - 6 OZ. GF BUTTERY CORN - 4 OZ. GF WARM DINNER ROLL - 1 RICH BLUEBERRY COBBLER W/WHIPPED TOPPING/SF - 4 OZ.	SAVORY TUNA NOODLE CASSEROLE - 6 OZ. PLUMP PEAS - 4 OZ. GF DINNER ROLL - 1 MOIST BROWNIE/SF - 1	BBQ RIBS - 3 OZ. GF CONFETTI CORN - 4 OZ. GF SOUTHERN STYLE BEANS - 4 OZ. GF FRESH BAKED BISCUIT - 1 TASTY STRAWBERRY SUNDAE/SF - 4 OZ. GF	BAKED CHICKEN PARM. SAND - 4 OZ. ZESTY 3 BEAN SALAD - 4 OZ. GF WHIPPED CREAM TOPPED CHOC. PUDDING - 4 OZ.	HEALTHY CHEF SALAD W/ TURKEY, HAM, SWISS CHEESE, BOILED EGG - 6 OZ. GF WARM BREADSTICK - 1 CHILLED AMBROSIA SALAD/SF - 4 OZ. GF
MENU - WEEK 1						

SPRING/SUMMER 2020

DRINKS BELOW ARE OFFERED AT ALL MEALS

Milk, ice water, coffee, tea, and juice.

SUBSTITUTION LIST: PLEASE REQUEST ALTERNATIVES 2 HOURS PRIOR TO MEAL - Grilled cheese, sliced ham or turkey sandwich, chicken or turkey salad sandwich, mashed potatoes, tossed salad, cottage cheese, fruit cup and chicken tenders.

TOSSED SALAD CONSISTS OF: lettuce, tomato, cucumber, onion, green peppers, mushrooms, and carrots.

Oatmeal, toast, cold cereal, available daily.

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